



PRESENTS

THE SHOEMAKER SPEAKER SERIES

A Program in Honor of The Rev. Samuel M. Shoemaker

CV



TRAUMA AND THE 12 STEPS: HEALING THE WOUNDS THAT KEEP US STUCK

In its most basic definition, the English word *trauma* comes from the Greek word meaning "wound." With more attention being paid to the impact of trauma and diagnosed issues like PTSD, there can also be a great deal of confusion about what trauma is and what trauma is not. Dr. Jamie Marich, a clinical trauma specialist, author, and person in long-term recovery, explores trauma and its impact on a variety of human conditions like addiction, other mental health issues, injustice, workplace and systematic toxicity, and social unrest. Using the paradigm of 12-step recovery where she began her healing journey over 20 years ago, Jamie will speak to the spiritual lessons in the 12 steps that can help us all along our healing path. An interactive component of this workshop will help us to more fully explore the possibilities and solutions available to us for healing and transformation.

**SATURDAY,
JANUARY 20, 2024**

2:00PM

**ST. THOMAS' CHURCH
PARISH HALL**

**232 St. Thomas Lane
Owings Mills, MD 21117**

ALL ARE WELCOME!