



## Weekly Newsletter

Friday, January 19, 2024

# WORSHIP

## The Third Sunday After The Epiphany

**Sunday, January 21, 2024**

**8:00 a.m. Holy Communion *in the Church***

**10:00 a.m. Holy Communion with Baptism *in the Church***

**5:00 p.m. Last Chance Mass *in the Old School Building***

### SERVICE DETAILS AND REMINDERS

- 1) [Click here](#) to watch the **10:00 a.m.** service live and to find previous services on the St. Thomas' Church website.
- 2) You can access the worship bulletin at: <https://bit.ly/ST-Online>

### We also offer weekday worship services!

**Wednesdays at 12:00 p.m. in the Old School Building:**  
Holy Eucharist and Bible Study

**Thursdays at 9:00 a.m. in the Old School Building:**  
Morning Prayer



This Sunday, we will celebrate the baptism of Edward Hambleton Welbourn, V, son of Ned and Nicole Welbourn, and grandson of Ned and Olivia Welbourn.

We are delighted to welcome his Godparents, family, and friends who will be worshipping with us!

# LEARN

PRESENTS

## THE SHOEMAKER SPEAKER SERIES

A Program in Honor of The Rev. Samuel M. Shoemaker



### TRAUMA AND THE 12 STEPS: HEALING THE WOUNDS THAT KEEP US STUCK

WITH DR. JAMIE MARICH  
A CLINICAL TRAUMA SPECIALIST AND AUTHOR

**SATURDAY,  
JANUARY 20, 2024  
2:00PM  
ST. THOMAS' CHURCH  
PARISH HALL**

In its most basic definition, the English word *trauma* comes from the Greek word meaning "wound." With more attention being paid to the impact of trauma and diagnosed issues like PTSD, there can also be a great deal of confusion about what trauma is and what trauma is not. **Dr. Jamie Marich**, a clinical trauma specialist, author, and person in long-term recovery, explores trauma and its impact on a variety of human conditions like addiction, other mental health issues, injustice, workplace and systematic toxicity, and social unrest. Using the paradigm of 12-step recovery where she began her healing journey over 20 years ago, Jamie will speak to the spiritual lessons in the 12 steps that can help us all along our healing path.

**ALL ARE WELCOME!**

### LISTEN TO THE PODCAST TO CONTINUE THE DISCUSSION!

Join The Rev. Arianne Rice from the Church of the Good Shepherd, Ruxton, as she hosts a podcast with Dr. Jamie Marich exploring the possibilities and solutions available to us for healing and transformation.

<https://www.ariannerice.com/feeling-beings-who-think>

**Saturday, January 20, 2024 at 2:00 p.m. in the Parish Hall**

The Shoemaker Speaker series at St. Thomas's Church welcomes Dr. Jamie Marich, clinical trauma specialist and author of, *Trauma and the 12 Steps: Healing the Wounds that Keep Us Stuck*.

All are welcome! Join us **in person** or **via livestream** on our website and YouTube channel:

<https://www.stthomaschurch.us/...>

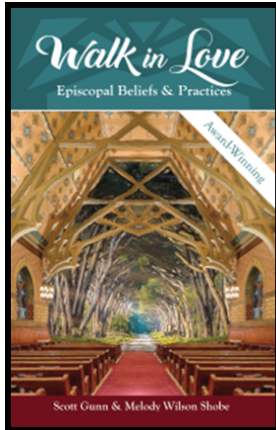
Continue the conversation in a podcast with The Rev. Arianne Rice from the Church of the Good Shepherd, Ruxton, and Jamie as they explore the possibilities and solutions for healing and transformation: <https://www.ariannerice.com/feeling-beings-who-think>

St. Paul is known as the Apostle to the Gentiles for his journeys that spread the Gospel. Join us as we study his letter to the Galatians, a Christian community he visited and built up. In it, he addressed conflicts and struggles common to many of us as followers of Jesus.

Our 7-week, lay-led study begins **Monday, January 22 and runs through Monday, March 4, 2024**, meeting at **7:00 pm via ZOOM**. Contact [Jane Farnan](#) to sign up.

Click on the button below to join the Zoom meeting.

## Adult Bible Study Zoom Meeting



### Adult Confirmation / Refresher / Inquirers Class

An opportunity for anyone who would like to be confirmed or received in the Episcopal Church or who would just like to learn more about our faith and church. Starting on **February 20th**, the program will run **Tuesdays at 7:00 p.m. on Zoom** and **Saturdays in person at 10:00 a.m. in the PH**. We will be using the book *Walk in Love: Episcopal Beliefs and Practices*. Copies will be available in the office for \$20. Contact [Jane Farnan](#) to sign up.



### 2024 Spring and Summer Retreats and Family Camps at the Claggett Center

There is something for everyone! Upcoming programs include:

- \* Men's Retreat: February 2-4, 2024
- \* Family Camp 2024: June 30-July 3, 2024
- \* Special Challenge Camp 2024: July 21-25, 2024

Click on the button below for more information and to register online.

## Claggett Center Programs

## Children's & Youth Ministries



### Family Worship this week!

**Sunday School will resume next Sunday, January 28th in the OSB.**

Children ages 4-10 are invited to join us for fun activities and lessons in the Old School Building at 10:00 a.m. Drop-ins are always welcome! We invite children younger than 4 to join us as well, if accompanied by an adult.

To register for Children's and Youth programs or to volunteer, click [here](#).

Questions? Contact Sara Hollands, Minister for Children and Youth at [shollands@stthomaschurch.us](mailto:shollands@stthomaschurch.us).

## This Week's Activity Links

Pre-Reader

Reader

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## Youth Mission Trip 2024!

2024 Youth Mission Trip  
Online Survey

We are looking into a mission trip this summer for any youth who have completed 6th grade. We'd be spending a week doing critical home repairs for low-income families in Appalachia. Please click on the button to complete the survey so we can gauge interest. Contact [Sara Hollands](#) for more information.

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## Help Support St. Thomas' Children & Youth Ministries

We'd love your help supporting and shaping the future of this essential ministry. Join us after the 10:00 a.m. service next week, **Sunday, January 28th** for a brief meeting to discuss the programs and next steps. All are welcome!

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**GIVE**



**American  
Red Cross**

Blood  
Services

— ST. THOMAS' CHURCH ANNUAL —

# BLOOD DRIVE

**SATURDAY, FEBRUARY 3RD**

**8:00 A.M. – 1:00 P.M.**

**ST. THOMAS' PARISH HALL**

Scan the QR code below, call **1-800-RED CROSS** (1-800-733-2767),

or visit **RedCrossBlood.org** and enter the sponsor code:

STTHOMASEPISCOPAL to schedule an appointment.

For all Eligibility Questions please call 1-866-236-3276.

***All donors will receive a \$20 Amazon e-Gift Card  
— please make sure we have a valid email on file! —***



GIVE BLOOD

ANY QUESTIONS, CONTACT BARB PARKS OR  
JANE FARNAN IN THE PARISH OFFICE (410) 363-1044

**ST. THOMAS' CHURCH BLOOD DRIVE SIGNUP**

Click the button above to sign up on the American Red Cross website for the St. Thomas' Blood Drive. All donors will receive a \$20 Amazon e-Gift Card, so please make sure we have a valid email on file!

Contact [Jane Farnan](#) or [Barb Parks](#) in the Parish Office for more information.

**CLEAN, CLEAN, CLEAN**

## For the CCC - Community Crisis Center

We are collecting the following items for the Community Crisis Center:

- Cleaners for: your house, laundry, dishes.
- Cleaners for: your body, hair, teeth, & hands.
- Keep your baby and body clean: adult and baby diapers (large sizes) and feminine hygiene products.

We would love to have items that we can distribute for each category listed above. Thank you for your ongoing support.

*Bring your donations to church and place them in the basket in the Narthex on Sundays. During the week, donations can be dropped off at the Parish Office.*

### St. Mark's on the Hill Food Pantry

Thank you your support and partnership at the Food Pantry! It is truly appreciated! Items we're still in need of: Non perishable milk, cereal, oatmeal, canned fish/chicken/ meat, canned fruit/applesauce, pancake mix, syrup, boxed mac-n-cheese, flour, dry beans, stuffing mix, cranberry sauce, canned spaghetti, rice, boxed mashed potatoes, spaghetti noodles, spaghetti sauce.

In Christ, Deacon Les+



We're making contributing to St. Thomas' Church easy through our online system. No worries about finding stamps or envelopes. Click on the **Give Now** button below.

[Make an online gift through Tithe.ly](#)

**Give Now**

If you have not yet submitted your 2024 Pledge, please click [here](#).

## GROW

### SAVE THE DATE!

**TUESDAY, FEBRUARY 15TH AT 5:30  
P.M. IN THE PARISH HALL**

**SHROVE TUESDAY PANCAKE  
SUPPER**

Watch for upcoming details and signups.



**WEDNESDAY, FEBRUARY 14TH**

**ASH WEDNESDAY SERVICES**

7:00 a.m.

12:00 p.m. (the noon service will be streamed on our website)

7:00 p.m.

**ANNUAL PARISH MEETING**



Sunday, February 25, 2024  
Following the 10:00 a.m. service in the Parish Hall

LOOKING FORWARD TO SOME SUMMER FUN?  
REGISTER TODAY AND SPREAD THE WORD!

ST. THOMAS'  
PRESCHOOL  
AND KINDERGARTEN



## Summer Fun Registration 2024



Week 1	June 3 - June 7 9am-12pm	Atelier/Art Studio	\$250
Week 2	June 10 - June 14 9am-12pm	Birds of a Feather	\$250
Week 3	June 17 - June 21 9am-12pm	Marine Wildlife Discoveries	\$250
Week 4	June 24 - June 28 9am-12pm	Insects & Outdoor Creatures	\$250

Tuition payments will be due May 1, 2024 through Brightwheel or check made payable to "St. Thomas Preschool".

ALL medical forms will be due by Monday, May 31, 2024 for "new" families.  
(Forms will remain on file for "current" families)

Please return the form below by email (to [norris@stthomaspreschool.info](mailto:norris@stthomaspreschool.info)), bring it to the school office, or give to your child's teacher.

Note: we will open Summer Fun registration to outside STPS families February 1st!

REGISTRATION FOR THE 2024-2025 SCHOOL YEAR IS OPEN! CLICK THE BUTTON BELOW FOR ONLINE REGISTRATION.

DID YOU KNOW THAT PLEDGING MEMBERS OF ST. THOMAS' CHURCH RECEIVE A DISCOUNT IN TUITION?

[Access online registration here](#)

## The Thursday Morning Group

COME JOIN THE FUN - ALL ARE WELCOME!

The group meets in the St. Thomas' Church Library **each Thursday at 9:30 a.m. to noon**. Friendship, laughter and stories are shared, as well as ideas for many different kinds of projects.

## The Fellowship Team needs your help!

Please consider helping to provide items for our after-service fellowship!



[Sign up here](#)

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## JOIN US FOR YOGA AT A NEW TIME!

**Thursdays at 10:00 a.m.**

Jessica from "My Purple Mat" presents

**Thursday Chair & Gentle Yoga Infusion**

**10:00 a.m. in the Parish Hall**

Donation based (suggested donation: \$12-\$15)

For additional information visit: [www.mypurplemat.com/events](http://www.mypurplemat.com/events).

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## Prayer List

We pray for those who are ill, those in pain, those under stress, and those who are lonely, especially Al, Barbara, Dan, David, Donna Y., Elise, Emma, Frances G., Frank, Jacqueline, Jay Y., June, June F., Katharine, Lillian, Linda, Mary, Michael, Michael Z., Morgan, Nancy, Nick, Randy, Sinead, Steve, Verna, and Walter G; Give them all the joy of your saving help, and sustain them with your bountiful Spirit.

*The Altar Flowers are given to the Glory of God and in loving memory of*

Eleanor Stewart Bedford ~ Theodore C. Waters, Jr. ~ A. Clarke Bedford, Jr. ~ Susan Lucas Fichter ~ Mary Louisa Lucas Smalley

In our Parish Ministry Cycle of Prayer we give thanks  
for the members of the Lay Chalcists.

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## DAILY READINGS

[CLICK HERE](#)

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### St. Thomas' Church Owings Mills

232 St. Thomas Lane, Owings Mills  
MD 21117 United States

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